

# Our Bodies, Our Bikes

Edited by Elly Blue and April Streeter

About the Our Bodies, Our Bikes original zine:  
“Reading this zine was like having a kaleidoscope stuck in front of my face and spun, til I could see colors and angles and experiences heretofore unknown to me, where before I had only seen my bike. For example, I have NEVER thought about biking while pregnant, much less in labor. And it hadn't even occurred to me that there might be extreme pleasure potential in stopping for a red light.” —**Wheel Sexy Cabaret**

About Elly Blue's *Everyday Bicycling*:

“Blue's approach is down-to-earth, practical, and kind. She's got tons of good advice, and she delivers it in plain English without getting all preachy or judgy.” —**The Atlantic Cities**

About April Streeter's *Women on Wheels*:

“This practical guide to city riding rounds up practical advice along with a vision for the future of riding and some inspiring mini-profiles.” —**WA Bikes**

Our Bodies, Our Bikes is a resource and companion for women who ride bicycles. Through personal stories, how-to guidelines, and factual information, contributors explore the intersection of cycling and women's health, from bike fit to clothing, from periods to childbirth, from media representation to gender presentation, youth empowerment, aging, reproductive rights and much more. Cycling has long been a man's world, and as cycling gains popularity among women as a form of recreation, sport, and transport, this book provides a timely resource. Diverse contributors demystify and elucidate women's issues in cycling in a practical, friendly, and down to earth manner.

SUBJECT: Sports-Cycling / Women's Health

PUBLICATION: **September 15, 2015**

PRICE: **\$9.95**

ISBN: 978-1-62106-825-9

FORMAT: Paperback 96 pages, 5.25x6.75”

## Marketing Notes

1. Women's health and reproductive rights are major topics of national interest and debate  
\* Up to 50% of cyclists are women, but there are no books for women-specific information about bike fit, saddle sores, and bicycling during various reproductive cycles
3. Original format sold entire print run in less than six months

## Comparative Titles

- *Everyday Bicycling* Elly Blue 9781621067252 (Microcosm) \$9.95, 2012
- *Sex from Scratch* Sarah Mirk 9781934620137 (Microcosm) \$14.95, 2014
- *Cunt* Inga Muscio 9781580050753 (Seal Press) \$16, 1998
- *Our Bodies, Our Bikes: 40th Anniversary Edition* 9781439190661 (Simon & Schuster) \$26, 2011



**Elly Blue** is an author and activist who lives in Portland, Oregon. She writes about the economic and equity cases for bicycle transportation and publishes feminist books about bicycling.

**April Streeter** writes and bikes from Portland, Oregon. She has been a correspondent for *Windpower Monthly* magazine, *Tomorrow Magazine*, and *Treehugger*, and was managing editor for *Sustainable Industries* magazine. She founded *Women on Wheels*, a group for women bicyclists in the Portland area.

A small, innovative publishing house, **Microcosm Publishing** specializes in work designed to make the reader feel good about being alive, take an active role in bettering their life, and impact the world around them. Microcosm has developed a reputation for teaching self-empowerment, showing hidden histories, and fostering creativity through challenging conventional publishing wisdom with books and zines about DIY skills, food, politics, and art.



# MICROCOSM PUBLISHING

Elly Blue Publishing, an imprint of Microcosm

Distributed by Legato / Perseus (World) and Turnaround (England)

Direct sales: Microcosm Publishing | 2752 N Williams Ave. | Portland, OR 97227

microcosmpublishing.com | tim@microcosmpublishing.com | 503-232-3666

