

# Maps to the Other Side:

## The Adventures of a Bipolar Cartographer by SASCHA ALTMAN DUBRUL

"DuBrul is a madly gifted storyteller [...] his is one of the most passionate and relevant voices of these crazy times. This book will make you feel good to be alive." —**Ruth Ozeki, author of *A Tale For the Time Being* and *My Year of Meats***

"Sascha Altman DuBrul's extraordinary [...] trips to the outer edges of sanity and back teach us not only about the value of living our own lives well, but also about the value of taking care of our friends' lives in their most vulnerable moments." —**Kate Bornstein, author of *A Queer and Pleasant Danger* and *Hello, Cruel World: 101 Alternatives to Suicide for Teens, Freaks, and Other Outlaws***

"Maps moved me in the same way that Jack Kerouac's *On the Road* did decades ago." —**Robert Whitaker, author of *Mad in America***

"Sascha is a great writer and probably an unacknowledged Boddhisatva. [...] I love that this book challenges the dominant paradigm and my own conditioning around mental health." —**Noah Levine, author of *Dharma Punx***

"the autobiography not just of one confused, big-hearted kid, but of a whole eager, anxious generation" —**Aaron Cometbus**

"Witness the concrete visions and subterranean journeys of a 21st Century vagabond, captured here in plain English." —**Eric Drooker, author of *Flood, Bloodsong, and Illuminated Poems***

"You will be different after reading DuBrul's first book. And I cannot wait to share in the paradigm shifting, cultural explosions this debut is destined to elicit!" —**Bonfire Madigan Shive, Performing Artist and Community Activist**

"Sascha DuBrul is a visionary leader creating powerful new ways to narrate madness. [...] These insights are revolutionary and just in time." —**Bradley Lewis, MD, PhD is an Associate Professor at NYU and author of *Narrative Psychiatry: How Stories Can Shape Clinical Practice***

Maps to the Other Side is a self-reflective shattered mirror, a twist on the classic punk rock travel narrative that searches for authenticity and connection in the lives of strangers and the solidarity and limitations of underground community. Beginning at the edge of the internet age, a time when radical zine culture prefigured social networking sites, these timely writings paint an illuminated trail through a complex labyrinth of undocumented migrants, anarchist community organizers, brilliant visionary artists, revolutionary seed savers, punk rock historians, social justice farmers, radical mental health activists, and iconoclastic bridge builders. This book is a document of one person's odyssey to transform his experiences navigating the psychiatric system by building community in the face of adversity; a set of maps for how rebels and dreamers can survive and thrive in a crazy world.

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Subjects: Autobiography / Mind/Body/Spirit

Price: \$15.95 U.S.

### Comparable/Competitive Titles:

*Marbles: Mania, Depression, Michelangelo, and Me: A Graphic Memoir* 9781592407323 (Gotham) \$20.00, 2012

*Hello Cruel World: 101 Alternatives to Suicide for Teens, Freaks and Other Outlaws* 9781583227206 (Seven Stories Press) \$16.95, 2006

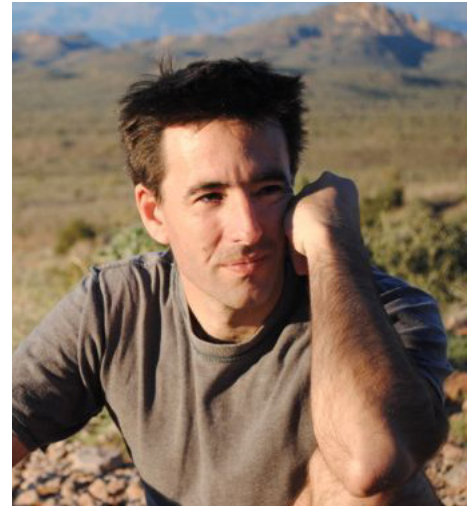
*The Taqwacores* 9781593762292 (Soft Skull) \$12.95, 2009

*Madness: A Bipolar Life* 9781616803001 (Mariner Books) \$14.95, 2009

*Farm City: The Education of an Urban Farmer* 9780143117285 (Penguin) \$16.00, 2010

### Marketing

- 1: Learn to live with and manage mental health issues through conversation and outlined steps for dealing with crisis.
- 2: Understand the kind of people who create political movements like Occupy Wall Street and offers opportunities to join in.
- 3: Combines the thrill of an *On the Road* adventure story with contemporary radical politics and culture.



"Seeing the world through Sascha's sparkling eyes is a breakthrough—you will fall in love with his mad mad heart." —**Novella Carpenter, author of *Farm City: The Education Of An Urban Farmer***

From the anarchist squatter community in New York City to the Lacandon jungle of Chiapas, Mexico, to the Earth First! road blockades of the Pacific Northwest, **Sascha Altman DuBrul** has been a pioneer in urban farming and creative mental health advocacy. He is the co-founder of the Bay Area Seed Interchange Library and the Icarus Project, a radical community support network and media project that's actively redefining the language and culture of mental health and illness. Among certain crowds he is well known as the bass player of the classic 90s punk band Choking Victim.

**Microcosm Publishing** was founded in 1996 and over the years has developed a reputation for teaching self-empowerment, showing hidden histories, and fostering creativity. The then-distro and record-label was started by Joe Biel in his bedroom and is now based in Portland, OR, with books and bookettes about DIY skills, food, zines, and art. As a commitment to our ethics, our books are printed by union workers in the U.S. and we are moving towards all production using post-consumer papers, with vegan inks and bindings.



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