

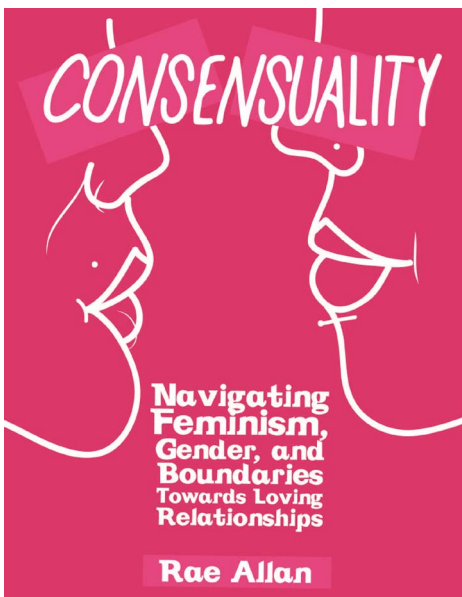
CONSENSUALITY

Navigating Feminism, Gender, and Boundaries Towards Loving Relationships by HELEN WILDFELL

"I see myself reflected in the pages of Consensuality and wish it had been accessible to me when I most needed it growing up. The blend of intimate personal memoirs and crucial information in dealing with relationships makes this publication immensely valuable for all!" Theodosia Gallegos, The Pulp Zine

"Through its exploration of gender identification, sexuality, and relationships, Consensuality articulates the conscious and subconscious memories and emotions that many of its readers can relate to. Through their commitment to candid honesty, the writers share their personal journeys toward compassionate self-awareness and the psychological work necessary to navigate the labyrinth of emotions that meaningful relationships inevitably reveal. —Jillian Bourdon, Writer and English Instructor

A BLUEPRINT FOR YOUNG PEOPLE OF ALL AGES TO CREATE OR FIND A HEALTHY RELATIONSHIP.



BENEFITS

- 1) How to find or create a healthy relationship for young people
- 2) Tips for enacting consent and respect in daily interaction with lovers, friends, and family.
- 3) Education on the negative emotional effects of gender inequalities.

There are infinite possibilities in human relationships, but the fairytale ideal of companionship does not exist for most people. In *Consensuality*, Helen Wildfell and her co-adventurers detail the process for creating or finding a healthy, successful relationship as well as common pitfalls and how to avoid them, like gender identity, sexual boundaries, power struggles, and emotional dysfunction. Overcoming regret and resentment, the authors describe a journey towards a respectful social environment. Their experiences lead to lessons of self-empowerment and communication tips for building healthy partnerships. We recognize their preferences and boundaries. We discuss how those fit with our own preferences and boundaries. Filled with personal descriptions of the complex layers in human interaction, the book combines gender studies with memoir to truly make the personal political.

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COMPARABLE/COMPETITIVE TITLES:

Men Explain Things To Me Rebecca Solnit
9781608463862 \$11.95 Haymarket 5/2014
Sex From Scratch Sarah Mirk
9781934620137 \$14.95 Microcosm 8/2014
Delusions of Gender Cordelia Fine
9780393340242 \$16.95 WW Norton 8/2011



Helen Wildfell is a writer and advocate for social equality within personal relationships. She earned her degree in Sociocultural Anthropology at the University of California, San Diego, where she developed a passion for studying the cultural effects of privilege. She currently lives in San Francisco.

A small, charming, and innovative publishing house, **Microcosm Publishing** specializes in work designed to make the reader feel good about being alive, take an active role in bettering their life, and impact the world around them. Microcosm has developed a reputation for teaching self-empowerment, showing hidden histories, and fostering creativity through challenging conventional publishing wisdom, with books and bookettes about DIY skills, food, zines, and art.

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