

A humorous, illustrated cookbook

Comfort Eating with Nick Cave

Vegan Recipes to Get Deep Inside of You

by Automne Zingg and Joshua Ploeg

"If you've got the abattoir blues, this cookzine will let love in." —Wes Allison, co-author of *The Taco Cleanse*

Praise for other cookbooks by Joshua Ploeg:

"This awesome recipe compendium is presented in a humorous, self-effacing style that pokes fun at all things punk while simultaneously teaching you how to cook vegan-style." —*Green Action News*

"Gastronomy meets garage in this punk rock recipe book." —*Popazine*

"Highest recommendation possible...this guy's recipes cannot fail to blow your mind. Vegans, take note!" —*Razorcake*

"There's no shame in getting a little creative, cruelty-free cooking help. The instructions are written without pretentiousness, and his combination of flavors are unexpected, even a bit exotic." —*Sacramento News and Review*

"A fresh and exciting approach to vegan cooking." —*Midwest Book Review*

Poor Nick Cave. He's sitting all alone, eating frosting with a spoon. Now you can join him as he soothes himself with a giant bowl of mashed potatoes, a tofu dog, peanut butter from the jar, spicy potato chips, or veggie pot pies. *Comfort Eating with Nick Cave* is the perfect accompaniment to his music. When despair and deception come a-knockin' at your door, get a giant cinnamon roll inside of you. Maybe you shouldn't have let love in, but at least you can let tacos and baked ziti in, too. By following the recipes in this book, you can feed your sorrows with delicious vegan comfort food classics right along with Nick.

SUBJECT: Musicians / Vegan Cooking

PUBLICATION: October 11, 2016

PRICE: \$14.95

ISBN: 978-1-62106-613-2

FORMAT: paper over board, 128 pages, 6x6"

CARTON QTY: 48

ART: full color illustrations throughout

Marketing Notes

1. Nick Cave has produced over 15 music albums and continues to tour and record, in addition to publishing and film work
2. In the US, one out of ten people have symptoms of depression
3. Illustrator is the originator of the "goths eating things" online art trend
4. Vegan diets are enjoying a resurgence of popularity

Comparative Titles

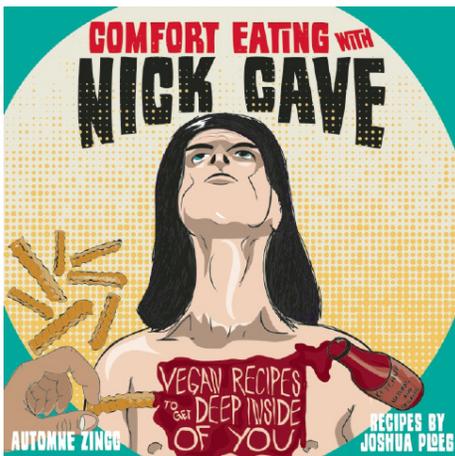
- *Henry & Glenn Forever* Tom Neely 9781934620939 (Microcosm) \$6, 2010 (75,000 sold)
- *Mama Tried* Cecilia Granata 9781621067405 (Microcosm) \$11.95, 2016
- *Taco Cleanse* Wes Allison 9781615192724 (Workman) \$17.95, 2015
- *What the F Should I Make for Dinner?* Zach Golden 9780762441778 (Running Press) \$15, 2011



Automne Zingg is a writer, illustrator, musician, and video artist based in Los Angeles, CA. She uses dark humor and surreal imagery to make critiques about popular culture.



Joshua Ploeg is a founder of the queercore movement & traveling vegan chef. His cookbooks include *This Ain't No Picnic* and *In Search of the Lost Taste*. He is the singer in the band Select Sex.



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